



Lunch Menu for August 2009

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Meatloaf	Lasagna	BBQ Chicken	Breaded Fish w/	
Fluffy Rice	Garlic Bread	Dinner Roll	Yellow Rice	
Green Beans	Mixed Salad	Mashed Potatoes	Dinner Roll	Pizza Day
Dinner Roll	Dressing	Peas & Carrots	Coleslaw	
Juice or Milk	Juice or Milk	Juice or Milk	Plantains	
			Juice or Milk	
9	10	11	12	13
Chicken Patty	Hot Dog	Pasta Ravioli w/ Meat	Chilli w/ Meat	
Whole Wheat Bread	Ketchup/Mayonnise/Mustard	Broccoli	White Rice	
Yellow Rice	Baked Beans	Dinner Roll	Tossed Salad	Pizza Day
Green Beans	Corn Chips	Juice or Milk	Dressing	
Juice or Milk	Fruit Gelatin		Saltine Crackers	
	Juice or Milk		Juice or Milk	
16	17	18	19	20
Ropa Vieja	Breaded Pork Chop	Hard or Soft Tavo	Spaghetti w/ Meat Sauce	
Rice	Congris Rice	Meat	Garlic Bread	
Mixed Vegetables	Dinner Roll	Lettuce, Tomato, & Cheese	Tossed Salad	Pizza Day
Saltine Cracker	Sliced Carrots	Green Peas	French Dressing	
Juice or Milk	Juice or Milk	Juice or Milk	Juice or Milk	
23	24	25	26	27
Hamburger Bun	Meatballs	Baked Chicken	Picadilo	
Ham/Pork/Cheese	Rice	Mashed Potatoe	Congri	
Veg. Chicken Soup	White Bread	Dinner Roll	Tossed Sald	Pizza Day
Mayo/Mustard	Stew Mixed Vegetable	Diced Carrots	Dinner Roll	
Corn ears	Juice or Milk	Applesauce	Plantain	
Juice or Milk		Juice or Milk	Juice or Milk	

Fruit can be bananas, apples, mandarin oranges, & apple sauce.